



ASU Catering

Decidedly Green Student Menu

Decidedly Green Catering is committed to making environmentally and socially responsible decisions in all aspects of our special event and catering services. We are pleased to offer a sustainable menu and continue to strive to source locally, reduce waste and minimize our impact on the earth.

Local Food

ASU Catering works with a variety of Arizona growers in an effort to support our local economy and bring food fresh from the farm to your fork

Local Growers & Producers

ASU Campus Harvest, Abby Lee Farms, Rousseau Farms, Arizona Sprouting, Blue Sky Farms, Crooked Sky Farms, HerbCo, Wilcox Greenhouse, Shamrock Farms, Sun Orchard, Laura's Granola, Jonathan Robbins Bakery, Olas Falafel, Tucson Tamale, Tapa Plant Based Sustainable Protein, La Canasta and Taylor Farms.

Monterey Bay Seafood Watch

Best Choices- seafood that is well managed and caught or farmed in ways that cause little harm to habitats or other wildlife. For more information visit www.seafoodwatch.org

American Humane Certified

This Program provides third-party, independent verification that certified producers care and handling of farm animals meet science based animal welfare standards

USDA Certified Organic

Indicated that food was grown without the use of most synthetic fertilizers and pesticides and that it is free of genetic modification and irradiation

Rise and Shine Local Breakfast

Local Laura's Granola with a local milk or soymilk or Organic Stonyfield Yogurt and a seasonal fruit topping. \$8.59 per person

Laura's Granola	200-230 cal/4oz. serving
Shamrock 2% Milk	140 cal/8 oz. serving
Soymilk	60-80 cal/8 oz. serving
Organic Stonyfield Yogurt	200 cal/4 oz. serving
Seasonal Fruit Topping	35 cal/2.5oz. serving

Additions from Johnathan Robins Bakery located in Tempe, Arizona. \$11.99 per loaf

Pumpkin Loaf	165-380 cal/slice
Zucchini Loaf	165-380 cal/slice
Banana Nut Loaf	165-380 cal/slice

Beverages

STARBUCKS ORGANIC SERENA BLEND COFFEE (0 cal/8 oz. serving) \$17.89 per gallon

LOCAL SUN ORCHARD ORANGE JUICE (110 calories/8 oz. serving) \$15.59 per gallon

CAMPUS HARVEST "DEVILADE" (160-190 cal/8 oz. serving) \$12.39 per gallon

WATER (0 cal/8 oz. serving) \$2.29 per gallon

Tamale Bar

\$7.99 per person

Includes choice of 1 tamale, with spanish rice and salsa fresca. Tamale Selections: Vegan Blue Corn Tamale, Vegetarian Green Corn Tamale or Pork and Cheese Tamale. Served with Hot Spanish Rice and Salsa Fresca.

Vegan Blue Corn Tamale	261 cal each
Vegetarian Green Corn Tamale	235 cal each
Pork and Cheese Tamale	376 cal each
Spanish Rice	130 cal/3 oz. serving
Salsa Fresca	20 cal/2 oz. serving

Sweets

SEASONAL FRUIT SALAD (35 cal/2.5 oz. serving) \$2.99 per person

VEGAN BROWNIES (250 cal each) \$11.99 per doz.

VEGAN SNICKERDOODLES (168 cal each) \$10.99 per doz.

GLUTEN FRIENDLY EVERYTHING BARS (330 cal/each) \$11.99 per doz.

Wrap Buffet or Boxed Lunch

\$8.99 per person

Includes choice of 3 sandwiches and a local greens garden salad side with balsamic or Italian dressing.

VEGETARIAN FALAFEL 420 cal each
Whole wheat pita pocket filled with local cucumber, vine ripe tomato and locally produced falafel patties, finished with lemon cucumber yogurt sauce.

DILL SALMON SALAD WRAP 450 cal each
Sustainably sourced salmon blended with local dill, mayonnaise and onion in a honey wheat wrap.

TURKEY WRAP 490 cal each
American humane certified smoked turkey wrapped with lettuce and swiss cheese, finished with a cilantro campus harvest Seville orange aioli in a honey wheat wrap.

Taco Bar

TEPA TACOS \$8.59 per person

Tepa hand crafted, plant-based sustainable protein taco with pickled slaw on a hard corn shell, served with Spanish rice (vegan).

Tepa Tacos	250-300 cal/2 taco shells with tepa
Spanish Rice	130 cal/3 oz. serving

Chefs Special

Not sure what to order? Chef always has local produce around the kitchen to put into a nutritious seasonal market salad and a savory seasonal soup. Soups and salads will be based on current seasonal food items and are available upon request.

CURRENT SEASONAL MARKET SALAD \$2.99 per person

CURRENT SEASONAL SOUP \$2.09 per person

Menu options vary based on season and produce availability. Calories amounts vary.

Snacks

CHIPS AND DIP BAR \$2.99 per person

Local La Canasta tortilla chips with pico de gallo and a white bean jalapeno dip.

Tortilla Chips	90 cal/1 oz. serving
Salsas	10 cal/1 oz. serving
White Bean Jalapeno Dip	35 calories/per 1 oz. serving

SOFT PRETZELS \$3.29 per person

Soft pretzels from Johnathan Robins Bakery with local honey mustard & hot and spicy mustard.

Pretzel	135 calories/per 2.1 oz. serving
Honey Mustard	130 calories/per 1 oz. serving
Hot and Spicy Mustard	30 calories/per 1 oz. serving

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION IS AVAILABLE UPON REQUEST.