Decidedly Green Catering is committed to making environmentally and socially responsible decisions in all aspects of our special event and catering services. We are pleased to offer a sustainable menu and continue to strive to source locally, reduce waste and minimize our impact on the earth.

Local Food

ASU Catering works with a variety of Arizona growers in an effort to support our local economy and bring food fresh from the farm to your fork.

Local Growers & Producers


Monterey Bay Seafood Watch

Best Choices- seafood that is well managed and caught or farmed in ways that cause little harm to habitats or other wildlife. For more information visit www.seafoodwatch.org

American Humane Certified

This Program provides third-party, independent verification that certified producers care and handling of farm animals meet science based animal welfare standards.

USDA Certified Organic

Indicated that food was grown without the use of most synthetic fertilizers and pesticides and that it is free of genetic modification and irradiation.
### Rise and Shine Local Breakfast

Local Laura’s Granola with a local milk or soymilk or Organic Stonyfield Yogurt and a seasonal fruit topping.

- Laura’s Granola: 200-230 cal/4oz. serving
- Shamrock 2% Milk: 140 cal/8 oz. serving
- Soymilk: 60-80 cal/8 oz. serving
- Organic Stonyfield Yogurt: 200 cal/4 oz. serving
- Seasonal Fruit Topping: 35 cal/2.5oz. serving

Additions from Johnathan Robins Bakery located in Tempe, Arizona. $11.99 per loaf

- Pumpkin Loaf: 165-380 cal/slice
- Zucchini Loaf: 165-380 cal/slice
- Banana Nut Loaf: 165-380 cal/slice

### Wrap Buffet or Boxed Lunch

$8.99 per person

Includes choice of 3 sandwiches and a local greens garden salad side with balsamic or Italian dressing.

- **VEGETARIAN FALAFEL**: 420 cal each
  Whole wheat pita pocket filled with local cucumber, vine ripe tomato and locally produced falafel patties, finished with lemon cucumber yogurt sauce.

- **DILL SALMON SALAD WRAP**: 450 cal each
  Sustainably sourced salmon blended with local dill, mayonnaise and onion in a honey wheat wrap.

- **TURKEY WRAP**: 490 cal each
  American humane certified smoked turkey wrapped with lettuce and swiss cheese, finished with a cilantro campus harvest Seville orange aioli in a honey wheat wrap.

### Beverages

- **STARBUCKS ORGANIC SERENA BLEND COFFEE**: (0 cal/8 oz. serving) $17.89 per gallon
- **LOCAL SUN ORCHARD ORANGE JUICE**: (110 calories/8 oz. serving) $15.59 per gallon
- **CAMPUS HARVEST “DEVILADE”**: (160-190 cal/8 oz. serving) $12.39 per gallon
- **WATER**: (0 cal/8 oz. serving) $2.29 per gallon

### Tamale Bar

$7.99 per person

Includes choice of 1 tamale, with spanish rice and salsa fresca. Tamale Selections: Vegan Blue Corn Tamale, Vegetarian Green Corn Tamale or Pork and Cheese Tamale. Served with Hot Spanish Rice and Salsa Fresca.

- Vegan Blue Corn Tamale: 261 cal each
- Vegetarian Green Corn Tamale: 235 cal each
- Pork and Cheese Tamale: 376 cal each
- Spanish Rice: 130 cal/3 oz. serving
- Salsa Fresca: 20 cal/2 oz. serving

### Taco Bar

TEPA TACOS $8.59 per person

Tepa hand crafted, plant-based sustainable protein taco with pickled slaw on a hard corn shell, served with Spanish rice (vegan).

- Tepa Tacos: 250-300 cal/2 taco shells with tepa
- Spanish Rice: 130 cal/3 oz. serving

### Chefs Special

Not sure what to order? Chef always has local produce around the kitchen to put into a nutritious seasonal market salad and a savory seasonal soup. Soups and salads will be based on current seasonal food items and are available upon request.

- **CURRENT SEASONAL MARKET SALAD**: $2.99 per person
- **CURRENT SEASONAL SOUP**: $2.09 per person

Menu options vary based on season and produce availability. Calories amounts vary.

### Snacks

- **CHIPS AND DIP BAR**: $2.99 per person
  Local La Canasta tortilla chips with pico de gallo and a white bean jalapeno dip.

- **Tortilla Chips**: 90 cal/1 oz. serving
- **Salsas**: 10 cal/1 oz. serving
- **White Bean Jalapeno Dip**: 35 calories/per 1 oz. serving

- **SOFT PRETZELS**: $3.29 per person
  Soft pretzels from Johnathan Robins Bakery with local honey mustard & hot and spicy mustard.

- ** Pretzel**: 135 calories/per 2.1 oz. serving
- **Honey Mustard**: 130 calories/per 1 oz. serving
- **Hot and Spicy Mustard**: 30 calories/per 1 oz. serving

### Sweets

- **SEASONAL FRUIT SALAD**: (35 cal/2.5 oz. serving) $2.99 per person
- **VEGAN BROWNIES**: (250 cal each) $11.99 per doz.
- **VEGAN SNICKERDOODLES**: (168 cal each) $10.99 per doz.
- **GLUTEN FRIENDLY EVERYTHING BARS**: (330 cal/each) $11.99 per doz.

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION IS AVAILABLE UPON REQUEST.