Satiria Clayton
Sun Devil Dining Nutritionist at ASU

Where are you from?
I was born and raised in Albuquerque, New Mexico.

Nutrition Background?
I graduated from Arizona State University with a B.S. in Food and Nutrition Management.

I began my nutritional journey by volunteering at St. Mary’s Food Bank, where I prepared food boxes for families in need. I later began another internship at Greater Valley Area Health Education Center (GVAHEC) where I educated elementary students and parents on the importance of eating healthy. I later became a Nutrition Representative at Banner Good Samaritan Hospital and worked alongside a dietician and assisted patients with different diets and dietary needs. I worked mainly with high risk pregnant mothers, cardiac, diabetic, and renal patients.

What do you like most about working for Sun Devil Dining?
I enjoy my position with Sun Devil Dining because it allows me to be creative, active, and educate others on nutrition. I am currently working to get a Masters Degree in Public Health.

What do you like most about the Nutrition field?
I love nutrition because it is the main source of life. I am open to all foods but believe that portion control is key. I stick to the motto of “All food is good, as long as you eat it in moderation.”

Email Satiria Clayton at clayton-satiria@aramark.com
For more nutrition information please visit www.sundevildining.com/nutrition